

“Coaching is unlocking a person’s potential to maximize their growth.”
- John Whitmore

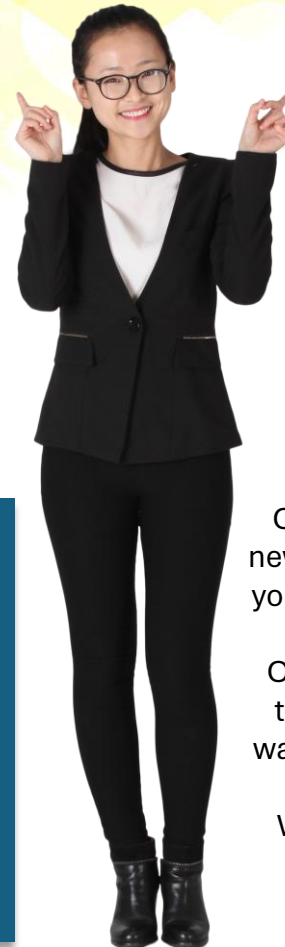
Before coaching:

Often our clients feel the obstacles in their way are insurmountable.



The obstacle!

Obstacles, or barriers to success is anything that stands in your way of achievement.



After coaching:

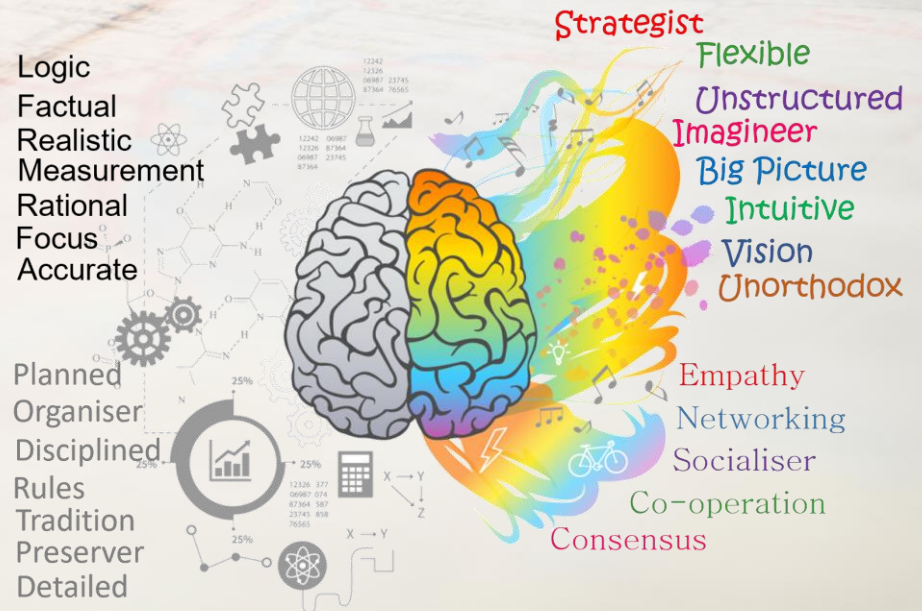
Clients grow by learning new techniques to conquer your obstacles / barriers to success.

Obstacles will always be there, learning effective ways to overcome them, is the route to success. With a growth mindset, anything is possible.



What we do:

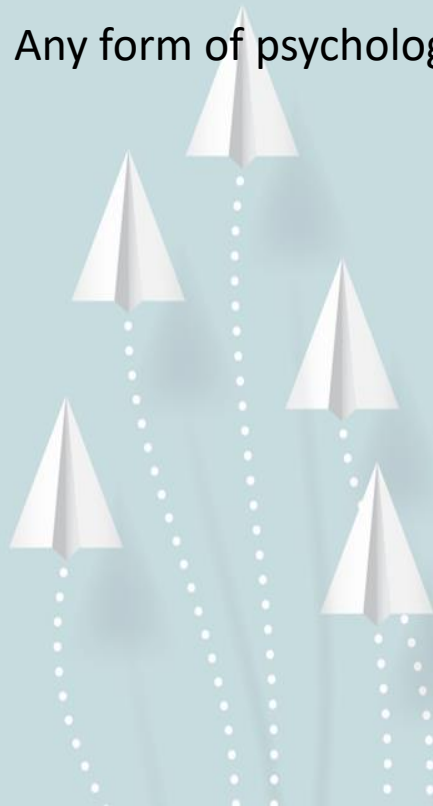
- ✓ NBI assessment
- ✓ Personal Branding
- ✓ Emotional Intelligence
- ✓ Impact coaching (our individual coaching approach).



What we don't do:



- x Any form of technical coaching.
- x Any form of project management coaching.
- x Any form of general management training that is not soft skills based.
- x Any form of psychological therapy or intervention or diagnosis.



What are the benefits of Coaching:

- ✓ Improved confidence
- ✓ Higher understanding of the self
- ✓ Growth to overcome challenges and barriers to individuals and others seeing your value
- ✓ Understanding your value proposition and articulating it.
- ✓ Increased productivity and performance.
- ✓ Improved interpersonal skills and teamwork.
- ✓ Improved communication skills.
- ✓ Higher understanding of EQ and enhancing their EQ.
- ✓ Increased self-awareness.

What is our approach?

Grow you bigger than your obstacles.



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